

ANNUAL IMPACT REPORT

2023



From the Founder's Desk

It's surreal that we are at the beginning of a brand new year. Once again, Ephesians 3:20 rings loud and clear and is evidenced by everything that you see at 87616 Roses Bluff Road and every testimony shared.

Thanks to so many of you, we had another momentous year. You have graciously and sacrificially given, and God has taken those gifts and fulfilled beyond our every expectation. Most memorable in 2023, The Charis House, the very first nonprofit residential treatment center specific to evidence-based eating disorder recovery, received it's accreditation seal from CARF International. We've grown our team into what could stand against the best of the best in field; our people love Jesus and are gifted in their callings. Patients are restoring their relationships with Christ, and two patients trusted Him for their salvation during their time with us.

Sadly, the statistics still haven't changed; every 52 minutes, someone dies as a direct result of their eating disorder. Most who struggle cannot access the care that they need, which is exactly why we exist, to make care accessible in the name of Jesus Christ. And so we press on in the work we've been called to do. People need real hope, and we are ready to share it.

We invite you to take a few minutes to read about the miracles that transpired over the past 12 months in 2023 and celebrate with us. Then join us in prayerful expectation of the miracles that are yet to come in 2024. We are counting on you to continue walking with us as together, we provide a safe and loving environment for those with eating disorders to find hope and healing for life transformation through God's Word and envision a world where all who struggle can get the help they need for full recovery.

In His love and service,



AMIE SHIELDS

Founder | CEO

Mission

To provide a safe and loving environment for those with eating disorders to find hope and healing for life transformation through God's Word

Vision

A world where everyone who struggles with an eating disorder can get the help they need

Values

- COMPASSION: Love God, love people
- INTEGRITY: Above reproach at all times
- EXCELLENCE: In every facet of ministry
- FAITHFULNESS: To our mission and one another
- UNITY: Stronger together

"See to it that no one misses the grace of God." - Hebrews 12:15



TEAM *BYB*



BOARD OF DIRECTORS: As a 501(c)3 charitable organization, we are governed by a Board of Directors. This Godly group of men and women are devoted, wise, and generous with their time and resources. *(Left to Right) Heather Houseal (Board Chair), Edward Hubel, Jennifer Radcliff, Dr. Kimberly Dal Porto, Amie Shields, Kevin Shields, Madelen Salter, Allison Johns, Dr. Shane Johns, Dr. Suellen Garner (Board Vice Chair)*

ADMINISTRATIVE & LEADERSHIP TEAM

AMIE SHIELDS
FOUNDER | CEO

ASHLEE BENSON MS, RD, LDN
CLINICAL DIRECTOR

Mikenzi Botheroyd
DIRECTOR OF ADMINISTRATION

HEATHER COYLE, RN
DIRECTOR OF NURSING & PROGRAMMING

CLINICAL TEAM

CLINICIANS:

Rosemary Gamin, LCSW
Elisabeth Harris, ARNP
Jackie Hill, ARNP
Ellie Livingston, MS, RD, LD
Shane Johns, D.Ed.Min, LMFT
Holly Pudwill RD, LD/N, CEDRD-S
Lynn Scott, LMFT
Valerie Smith, LMFT (Contracted)
Caitlin Young, BCBA

DIETARY:

Becky Neu
Jodie Pierce
Erin Stauches
Leigh Anne Vanzant

MENTAL HEALTH COACHES:

Tiffany Aldridge
Haley Blackstone
Shelly Cater
Nicole Comer
Riley Defee
Johanna Hall
Allison Johns
Brooke Marcum
Brenna McKinnon
Victoria Mercado
Maggie Schweitzer
Michelle Serrano
Jackie Smith
Ayanna Warden



VOLUNTEERS

It has been said that volunteers are the greatest asset of any organization, and that is no exception with BYB. From our volunteer board of directors to individuals in our community who give of themselves, we are strong. We are forever grateful and could not do what we do without you! We want to give special thanks to Amanda Barber, volunteer Web Coordinator; Allison Johns, volunteer Social Media Coordinator; and our amazing Gala Committee who meets regularly throughout the year to plan our biggest nonprofit event. Thank you to so many of you who serve so selflessly with your whole hearts!

IMPACT

- Launched ResolvED Group Coaching Community program to increase our outpatient level of support
- Awarded accreditation through CARF International
- Security gate for Charis installed
- Hosted our first Gala - \$70K+ raised for treatment scholarships
- Paver Pathway of Hope installed
- Hosted fourth annual Hope Holders Luncheon
- Hosted second annual Anchored Hope Retreat
- Received grants for security lighting project and half of garage renovation
- Three new grantor partnerships and awards
- Patients who placed their faith in Jesus for salvation: 2
- Patients who were baptized while in treatment: 2
- Patients supported through Charis residential and partial hospitalization treatment: 39
- Patients supported through outpatient services: 36
- Outpatient support groups encouraged over 100 people



2023

Giving Champions

HOPE HOLDERS: 66

Our major giving partners who donate \$1,000 or more over the fiscal year

HANDS OF HOPE MEMBERS: 64

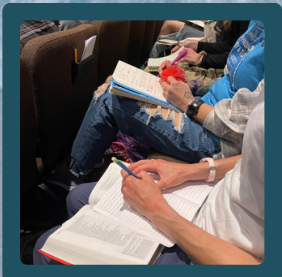
Our giving community with donors who give a fixed amount every month, collaboratively totaling \$4,107.50

CHURCH PARTNERS: 5

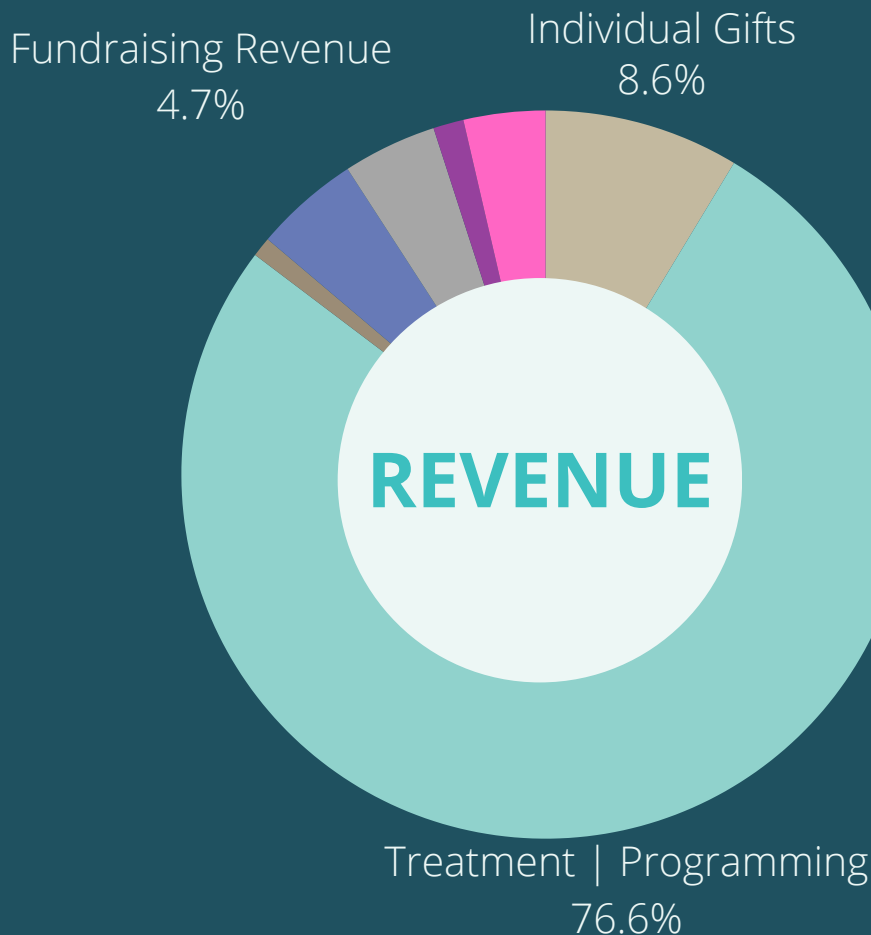
Churches who partner with us financially throughout the calendar year

IN-KIND DONORS: 153

Our giving partners who donate their services, goods, and/or time - valued over \$65,404 this year



Financial REVENUE



- INDIVIDUAL GIFTS - 8.6%
- TREATMENT | PROGRAMMING - 76.6%
- GRANTS | FOUNDATIONS - 4.2%
- IN-KIND GIFTS - 3.6%
- CHURCH CONTRIBUTIONS - 1.4%
- BUSINESS CONTRIBUTIONS - 1%
- FUNDRAISING REVENUE - 4.7%

Financial **EXPENSES**

TREATMENT | PROGRAMMING - 90.7%
ADMINISTRATION - 6.1%
FUNDRAISING - 2.6%
MISCELLANEOUS - 0.6%



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CONNECT

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